

How to recycle your food waste



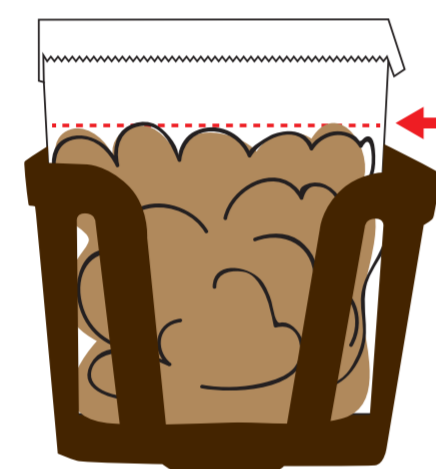
1. OPEN OUT

Open out the bag and place it in the bag holder. Flatten out the bottom and fold down a lip around the top.



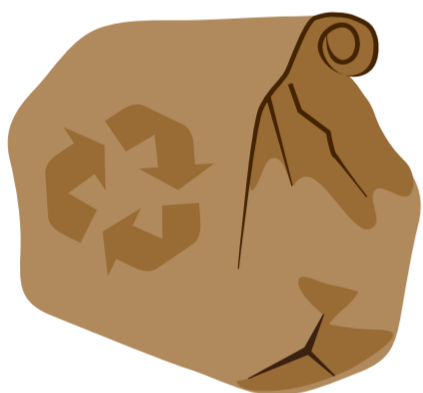
2. SCRAPE UP

Place your food waste in the bag. Allow wet food waste and shells to drain in the sink before placing in the bag. Use the sink scraper to scrape up and drain the waste.



Fill the bag only to the dotted line on the inside.

Replace the bag often even if it is not full – at least every third day!



3. FOLD DOWN

Fold down the top of the bag and place it in the brown food waste bin to reduce the risk of the bag leaking or breaking.



QUESTIONS OR COMMENTS?

Contact your house caretaker if you have any questions or comments. For more information about sorting food waste and household waste, go to Miva's website miva.se.

YES!

- Leftover food (cooked or raw)
- Bread, crackers, biscuits, cake and buns
- Green vegetables, root vegetables and fruit
- Coffee grounds and coffee filters
- Used tea leaves and tea bags
- Rice, flour and pasta
- Eggs and egg shells
- Shells from seafood
- Small bones from meat, fish and poultry
- Popcorn, candy and chocolate
- Flowers and leaves (not soil)



NO!

- Tobacco – cigarette butts and Swedish snus
- Chewing gum
- Soft plastic/plastic wrap
- Earth, clay, sand and gravel
- Cat litter
- Disposable nappies/diapers
- Sanitary napkins/pads and tampons
- Textiles
- Vacuum cleaner bags
- Charcoal and ash

TIPS AND ADVICE

- Use the bag holder that you received or will receive. It airs the bag so that the waste dries out.
- Use only the paper bags provided. Food waste must not be placed in an ordinary plastic bag since this interferes with the digestion process in the biogas plant.
- Do not use the paper bags in closed bins or on completely flat surfaces.
- It's a good idea to put used paper towels and white or unbleached napkins in the paper bag. They absorb liquid and help to keep the bag dry.
- If your waste is very wet, you can use double paper bags or place some newspaper in the bottom of the bag.

